



GOING GREEN TRAININGS

# Exploring environmental metrics

LCA, EPD and PEF

18 April 2024 • 10:30-11:30 • Online



# Webinar Procedures



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Raise your hand  
when you wish  
to speak



When you are invited  
to speak, unmute mic  
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(if possible)

# Agenda

## Introduction

*Charlotte Denis, Textile  
ETP*

## Q&A

**Exploring  
environmental  
metrics: LCA, EPD  
and PEF**  
*Diego Peñaloza, RISE*

## Conclusion

*Charlotte Denis,  
Textile ETP*



# COMMUNITY TALKS

## GOING GREEN TRAININGS

**Online animation activities play a pivotal role in sustaining the engagement of SMEs within the digital ecosystem.** To stimulate interaction, the RegioGreenTex Community Talks **promote the latest progresses and results of the project, and well as encouraging dialogue and knowledge sharing in the textile sector.**

**The 'Going Green Trainings', a component of the RegioGreenTex Community Talks, offer advisory green support to SMEs in the textile sector, carefully tailored to address sustainability concerns. Led by experts from RISE, these webinars provide practical training across six distinct areas of sustainability.**

The Going Green Trainings are part of WP4 (T4.2 Green advice/advisory support to SMEs) and are managed by RISE, with support from OVAM, Euramaterials, Citeve, Eurofins, Ateval, AEI Textils, CS-Pointex, NTT, EURATEX, and Textile ETP.



# Introduction to life cycle assessment (LCA)

– Diego Peñaloza, PhD.

**RISE Research Institutes of Sweden**

# About me

- Working with LCA and Social LCA over 14 years
- Mostly construction, biomaterials and textiles
- 15+ EPDs
- Several EU projects (tExtended, CISUTAC, New Cotton,...)



# Topics

- The basics of LCA
- LCA and communication
- Environmental product declarations (EPD)
- Product environmental footprint (PEF)
- Q & A

# The basics of LCA

The four phases according to ISO 14040/44



# Life cycle assessment, LCA

LCA considers the entire life cycle of a product, from raw material extraction and acquisition, through energy and material production and manufacturing, to use and end of life treatment and final disposal.

ISO 14040/44:2006



# Drivers for LCA



Learn



Decision making



Improve



Communicate

# Four stages of an LCA

1. Goal and scope definition
2. Inventory analysis
3. Impact assessment
4. Interpretation of results



Iterative  
process

# 1. Goal and scope definition

- Why is the life cycle assessment performed?
- How will the results be used?
- Who is the target audience?

What part of the life cycle has the most impact?

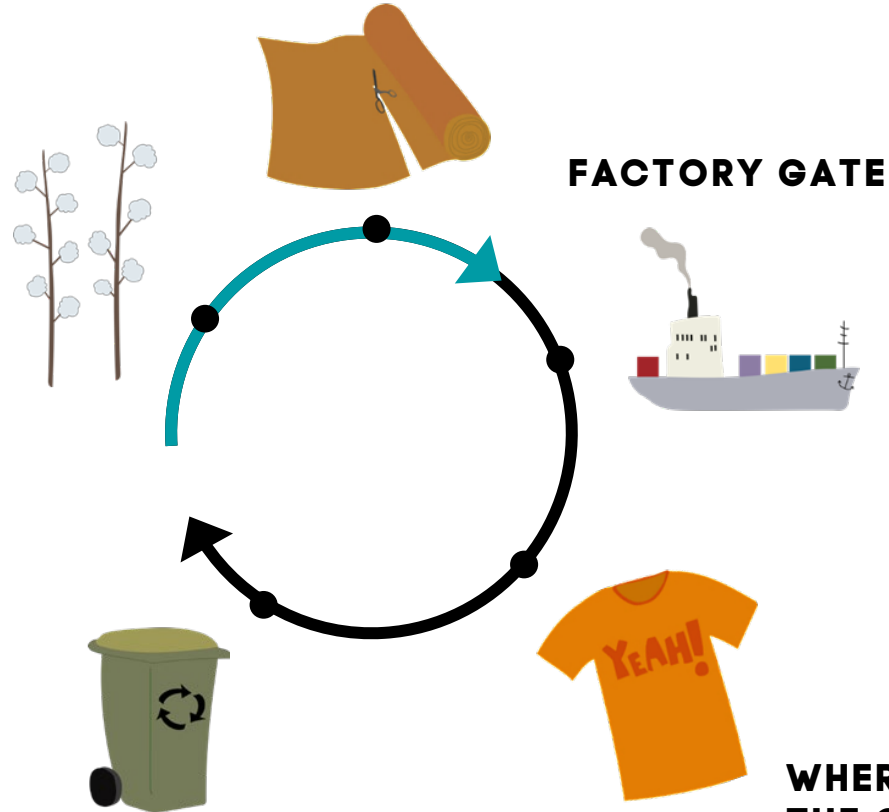
What is the environmental impact of product X?

What should be improved to achieve the biggest effect?

Is option A better than B?

# System boundaries

**WHERE DOES THE  
CRADLE START?**



**WHERE DOES  
THE GRAVE END?**

# Functional unit

- Is the calculation basis for the analysis
- Should be consistent with the goal
- Should contain a quantitative measure



Functional unit

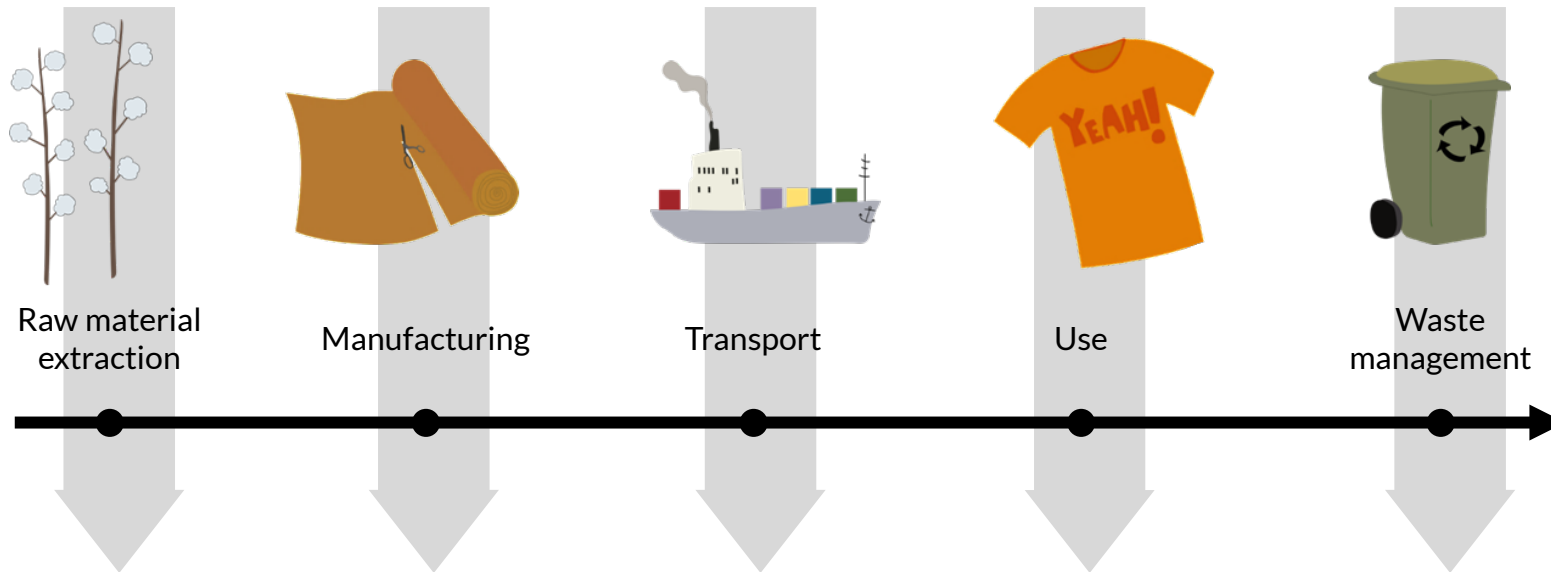
0.1 kg CO<sub>2</sub>-ekv per tonkm

Unit for environmental impact category  
(climate impact)



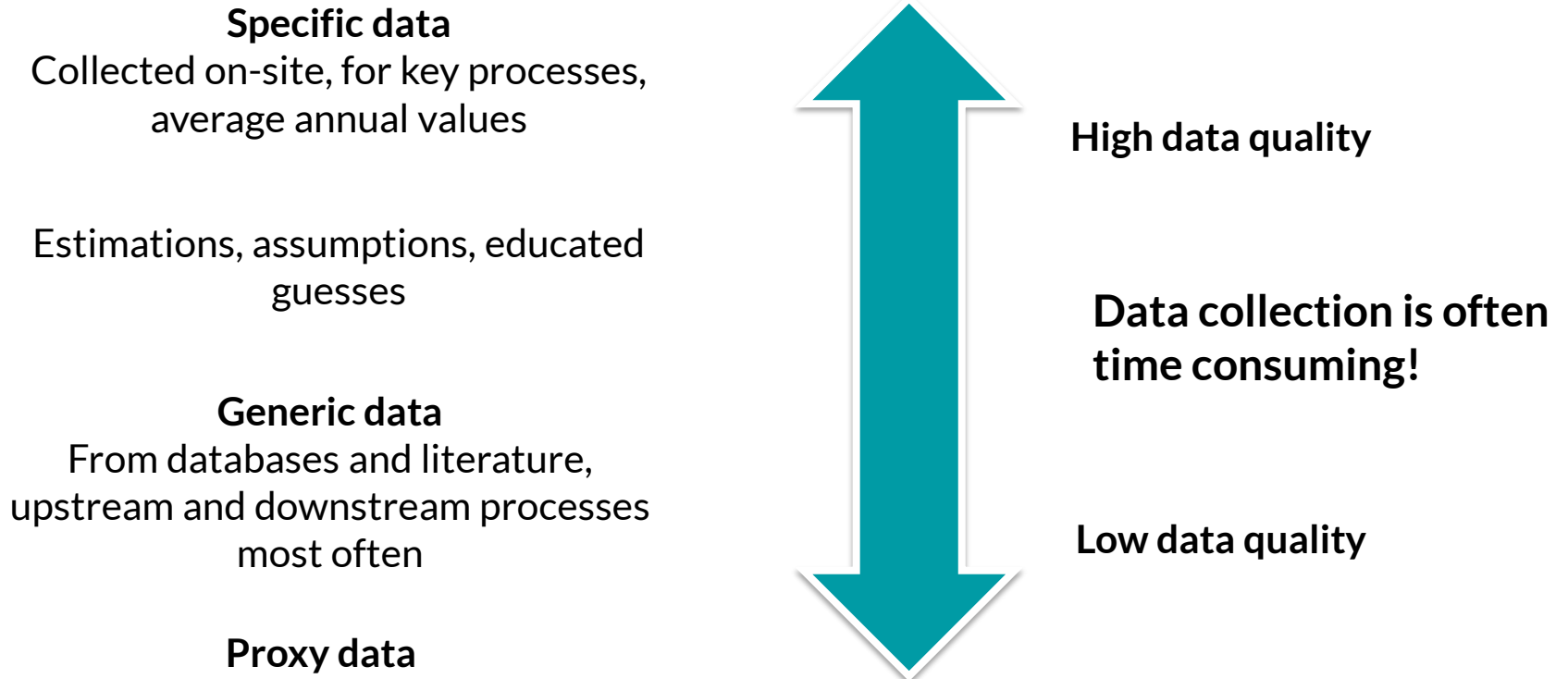
## 2. Inventory analysis

**INPUTS:** Resources such as raw materials, energy, materials, chemicals, land and water



**OUTPUTS:** Emissions to air, water and land. Waste and by-products

# Data quality in LCA



# Methods for handling allocation

During the inventory, complications often arise such as:

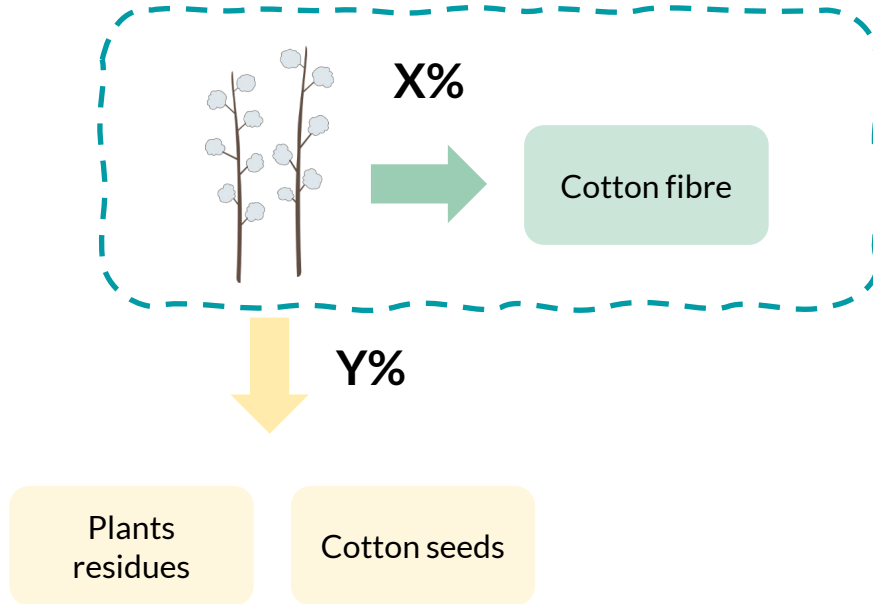
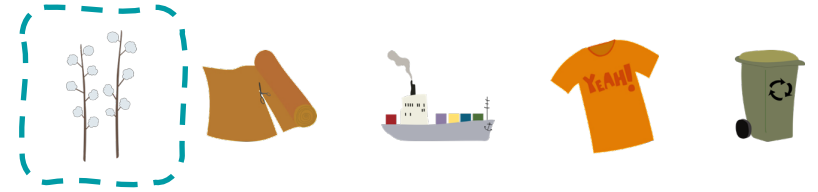
- The studied system produces **more than one** product
- The studied product is made from **recycled material**

Two main approaches for handling this:

Allocation

System  
expansion

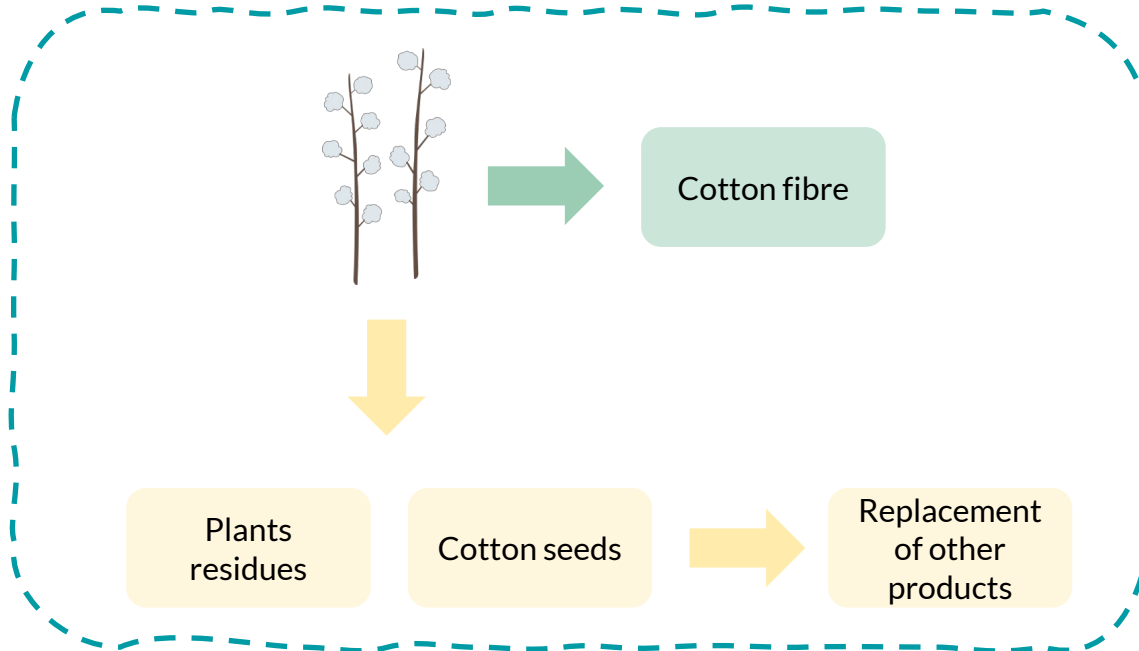
# Allocation (= distribution of emissions)



## Allocation based on

- Physical relationship (mass, volume, energy content, pieces)
- Economic relationship

# System expansion (= avoided emissions)

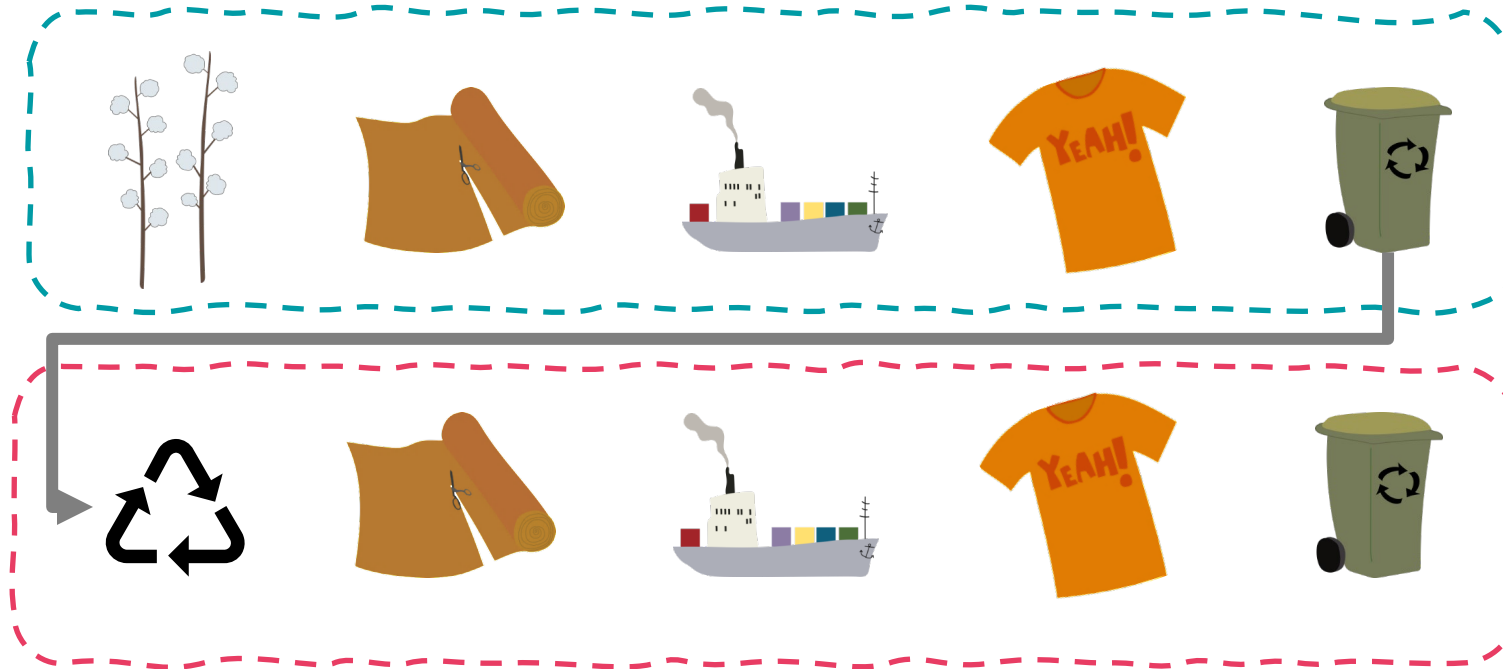


## System expansion

- System boundaries widen to also include substitution of other product or material

# Allocation at recycling

Cut-off method (“polluter pays principle”)





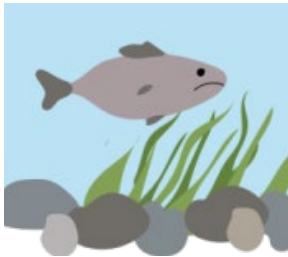
### 3. Impact assessment



CLIMATE IMPACT



ACIDIFICATION



EUTROPHICATION



WATER USE

...

# Impact categories (examples)



## Impact category

- Global warming
- Eutrophication
- Water depletion



## Indicator

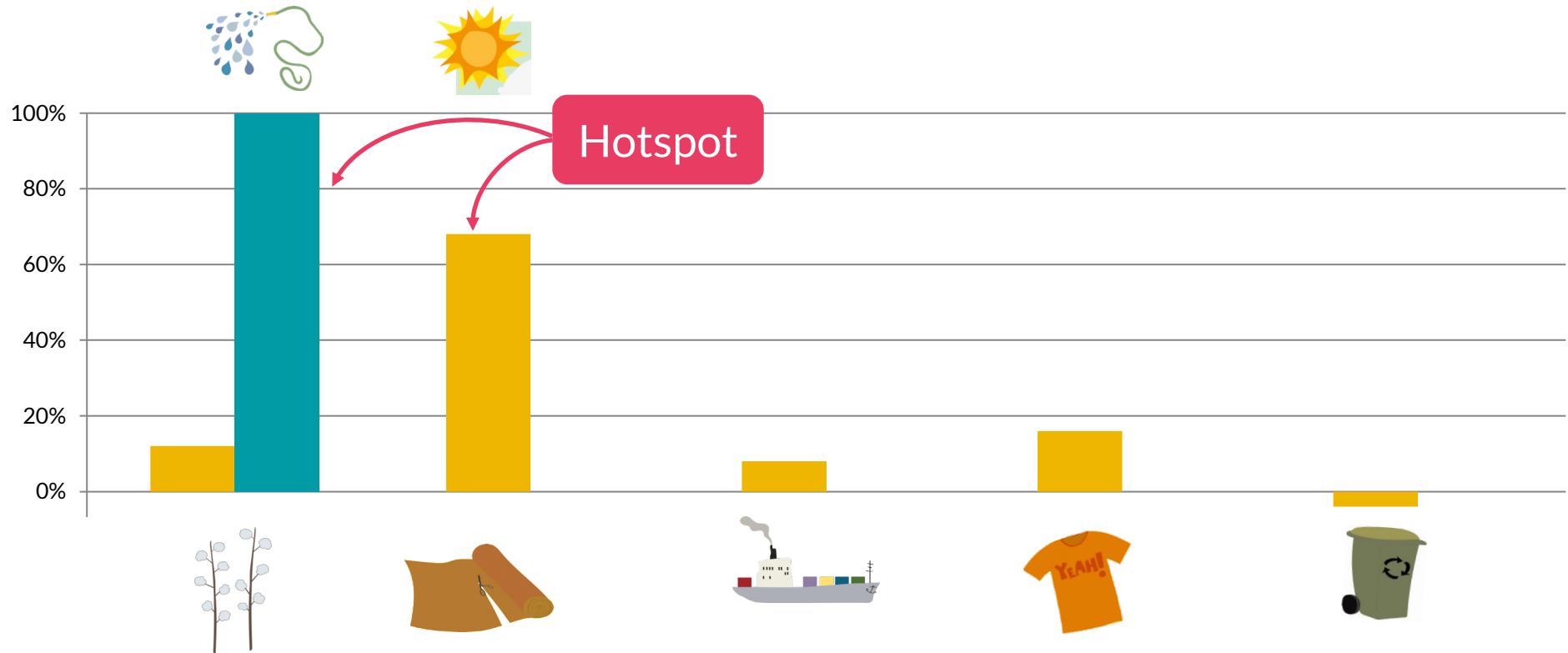
- Global warming potential (fossil, biogenic, land use)
- Eutrophication potential (marine, freshwater, terrestrial)
- Water use, water deprivation



## Method

- IPCC (kg CO<sub>2</sub> eq)
- ReCiPe, accumulated exceedance (kg P eq, kg N eq, mol N eq)
- AWARE (m<sup>3</sup> world eq deprived)

## 4. Interpretation of results



# LCA and communication

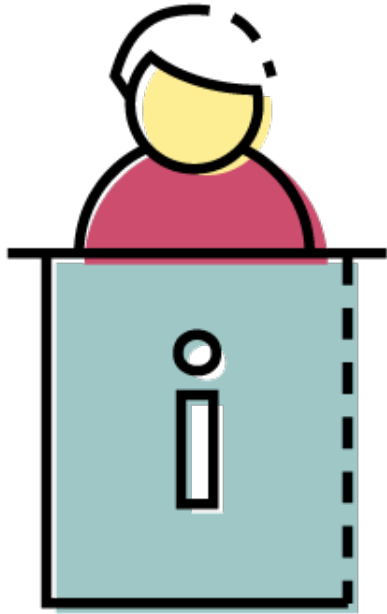
Communication LCA results to the public



# Customizing LCA

Methodology

# Communication of LCA results

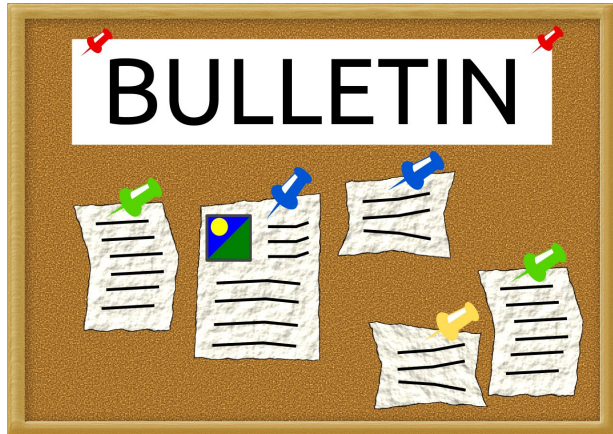


- Additional requirements for comparative assertions to be disclosed to the public (ISO 14044)
  - Data quality
  - Sensitivity analysis
  - **Critical review**, review panel
  - LCIA indicators
  - Reporting
- Results / declarations with no comparative assertions usually require third-part **verification**
  - Environmental product declarations (EPD)
  - Product environmental footprint (PEF)



# **Environmental Product Declaration (EPD)**

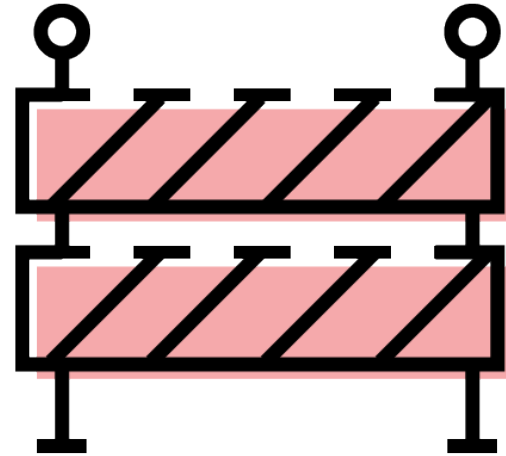
# What is an EPD?



- Voluntary and transparent declaration of a product's life cycle environmental impact
- Life cycle assessment as foundation
  - Sectorial specific rules, consensus
- Published openly
  - Result and method (no sensitive data)
- Comparable (within the same product category)
- Third-part verified
- "Business-to-business"
- Excellent data source for other assessments
  - E.g. climate declarations of projects

- Eco-labelling
- Measure for "green" products
  - Or "greener" products
- But...
  - Products / manufacturers with higher impacts often avoid declaring it
- Not always a full life cycle assessment
- Easy or quick to develop

## What an EPD is not



# Important concept: Program operators

- Independent organizations that manage, administer and oversee EPD development
- ISO standards allow anyone to create one
  - Been around since the 90s
  - There are 40+ globally
  - Most often one operator per country
- Responsible for developing sectorial common LCA rules for specific product categories

# Important concepts: Program operators



THE INTERNATIONAL EPD® SYSTEM

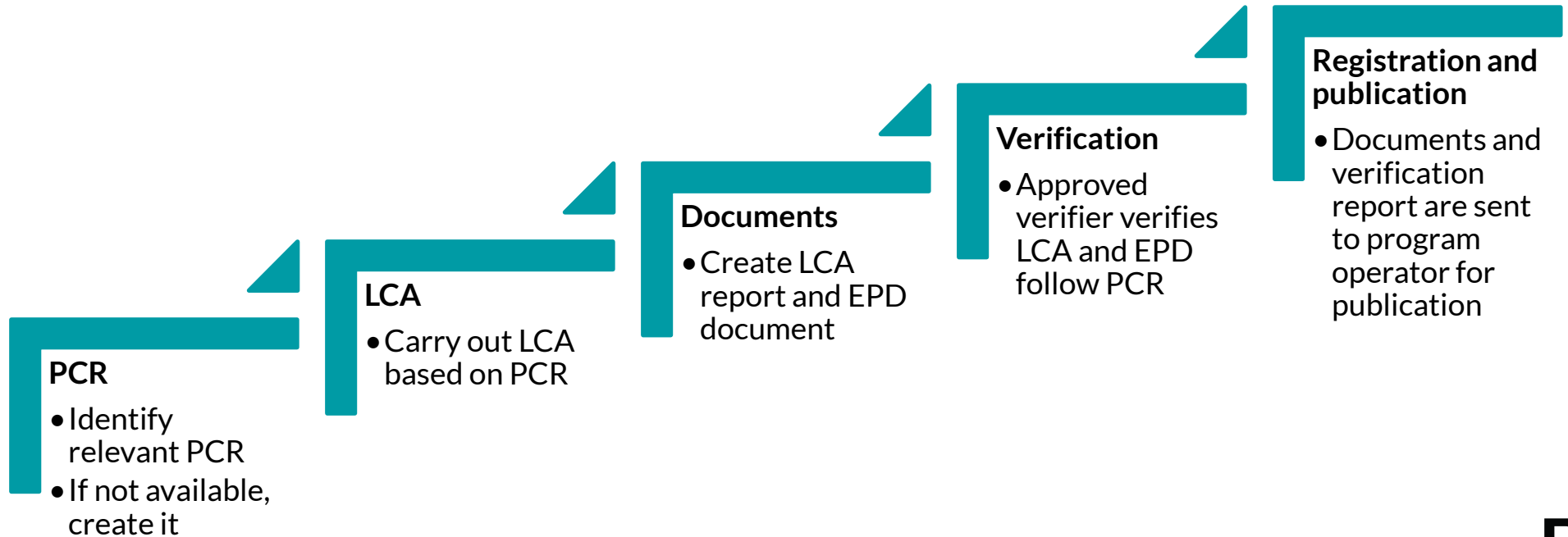


# Important concept: Product category rules (PCR)

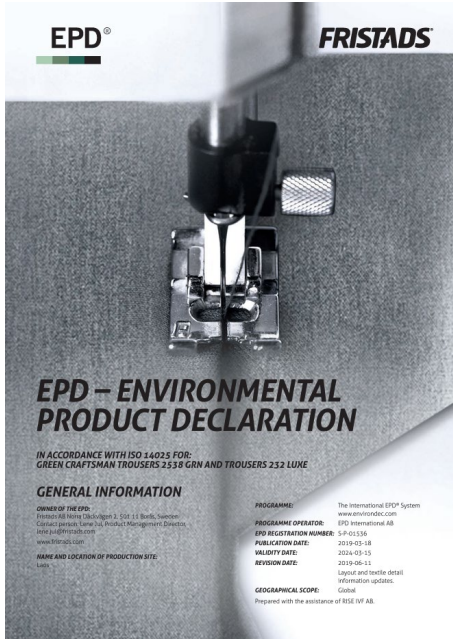
- Common rules for LCA of one product category
  - Ensure comparability
  - Base for third-part verification
- Establishes rules for:
  - Functional / declared unit
  - Complementary technical information (e.g. density, etc)
  - Indicators that must be declared
  - Processes that must be included (upstream, core, downstream)
  - Data quality (e.g. which processes require specific data)



# EPD process - overview



# EPD process – the practical



- Who?
  - EPD owner
  - LCA consultant
  - Independent verifier (lists, e.g. [here](#))
- What about confidentiality?
  - LCA report; only available for consultant, EPD owner and verifier.
  - EPD document; publicly available.
- How long is an EPD's validity?
  - Five years, must be updated if significant changes occur

# EPD process – documents



- LCA report
  - Contains all data, information, method description, results and interpretation
  - By consultant
  - Free report layout
  - Confidential
- EPD document
  - Summary of method and results, product and company information
  - Generic layout available
  - May modify layout, not content
  - EPD owner is responsible after publication (e.g. updates)

# **Product Environmental Footprint (PEF)**

# Environmental Footprint (EF)
























The EU's initiative for a harmonized method for calculating the environmental impact of a product, service or organization from a life cycle perspective.

- **Product Environmental Footprint (PEF)**
  - Specific method requirements for different product categories
- **Organization Environmental Footprint (OEF)**
  - Specific method requirements for different sectors



# Product-specific rules

- Like EPD, has product-specific rules
  - Product Environmental Footprint Category Rules (PEFCR)

Finalised PEFCRs		Ongoing PEFCR development
 Batteries and accumulators	 Liquid household detergents	
 Decorative paints	 Metal sheets	 Apparel
 Hot & cold water pipe systems	 Photovoltaic electricity generation	 Cut flowers and potted plants
 Intermediate paper products	 Thermal insulation	 Flexible packaging
 IT equipment	 T-shirts	 Synthetic turf
 Leather	 Uninterrupted power supply	 Marine fish
 Beer	 Pet food	
 Dairy products	 Pasta	
 Feed	 Wine	
 Packed water	 Olive oil (pending)	
Finalised OEFSRs		
 Retail sector	 Copper sector	

# Circular Footprint Formula (CFF)

- Formula to model recycling (materials and energy) and waste management
- Also considers the proportion of recycled materials used
- Divides the environmental burden/credit of recycling between the supplier and the user of the recycled material

## Material

$$(1 - R_1)E_v + R_1 \cdot (AE_{recycled} + (1 - A)E_v \times \frac{Q_{sin}}{Q_p}) + (1 - A)R_2 \cdot (E_{recyclingEoL} - E_v^* \cdot \frac{Q_{sout}}{Q_p})$$

## Energy

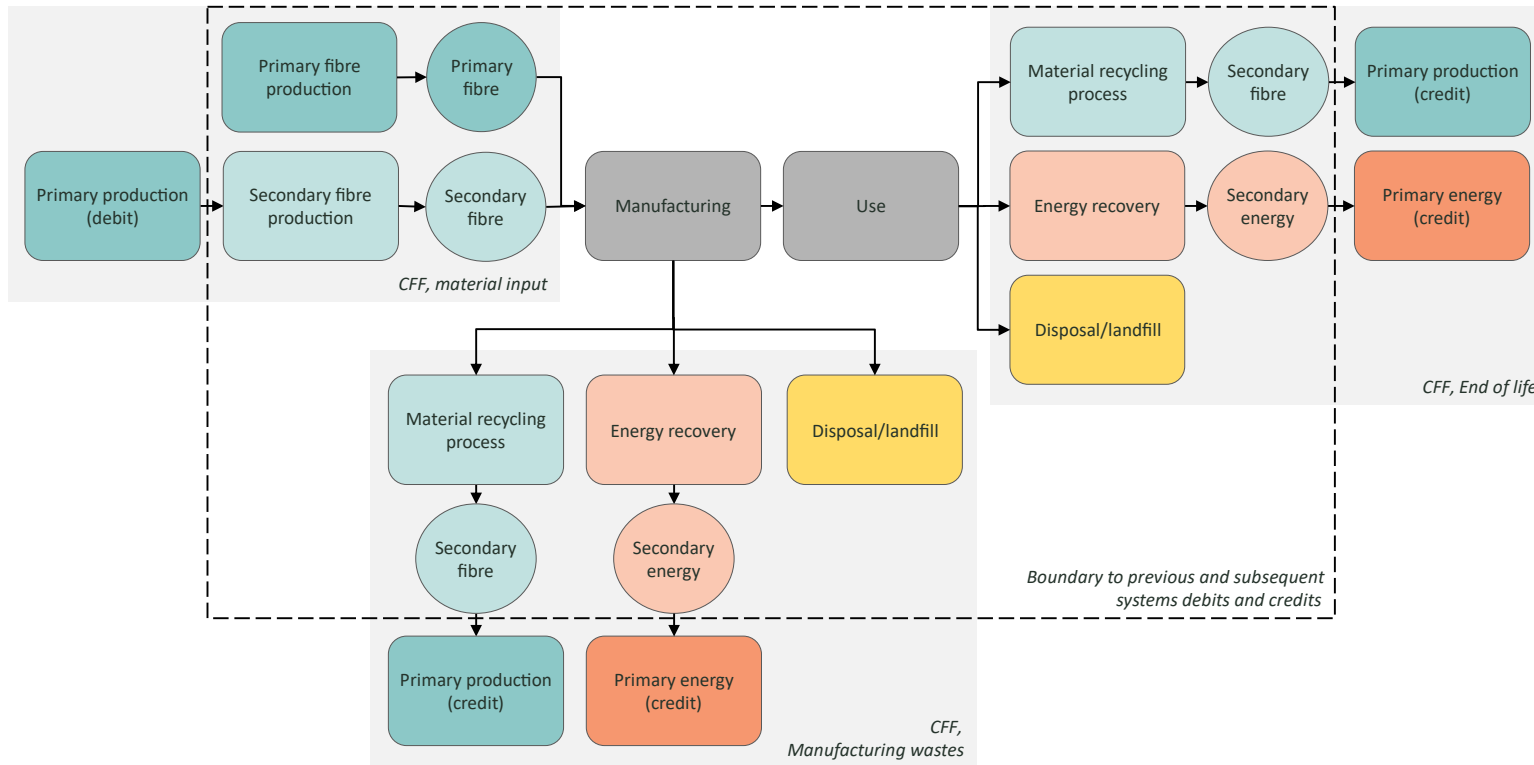
$$(1 - B)R_3 \cdot (E_{ER} - LHV \cdot X_{ER,heat} \cdot E_{SE,heat} - LHV \cdot X_{ER,elec} \cdot E_{SE,elec})$$

## Disposal

$$(1 - R_2 - R_3) \cdot E_D$$

$$CFF = \text{Material} + \text{Energy} + \text{Disposal}$$

# Circular footprint formula





# 16 environmental impact categories

Climate change	Particulate matter	Eutrophication, terrestrial	Resource use, minerals and metals
Ozone depletion	Acidification	Land use	Human toxicity, non-cancer
Ionising radiation	Eutrophication, freshwater	Water scarcity impact	Human toxicity, cancer
Photochemical ozone formation	Eutrophication, marine	Resource use, fossils	Ecotoxicity, freshwater

# Possible applications within the EU

## Eco-design for Sustainable Products Regulation (ESPR)

- Extension of the Eco-design Directive to include environmental sustainability and more product groups
- Design of sustainable products (both requirements for performance & information)

## Proposal for a Directive on Green Claims

- Support environmental claims in a credible and reliable way (avoid greenwashing)

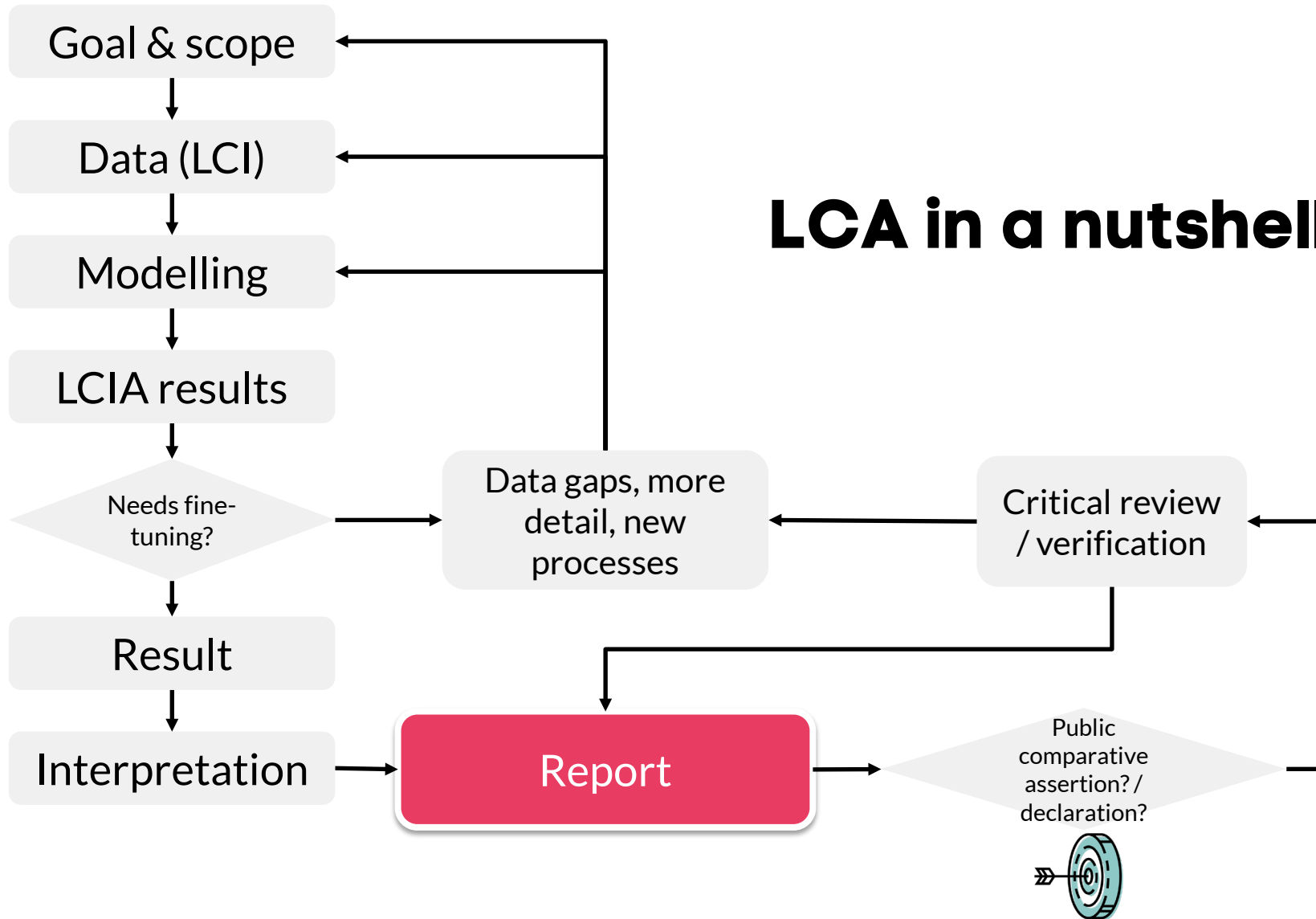
# PEFCR – Apparel and footwear

- Draft, under public consultation
- Specific rules and default values
  - E.g. intrinsic durability, uses and product duration, default datasets, etc
- Impact categories
- Allocation rules
- Mandatory company-specific data
- Distribution and EoL scenarios



**Summary!**

# LCA in a nutshell



**Thank you!**  
**Further questions:**

**[Diego.Penaloz@ri.se](mailto:Diego.Penaloz@ri.se)**

# Q&A

# Thank you

*For more information about the RegioGreenTex Community Talks,  
contact: [charlotte.denis@textile-platform.eu](mailto:charlotte.denis@textile-platform.eu)*



Co-funded by  
the European Union





# Navigating Textile Sustainability

with a comprehensive taxonomy on recycling methods  
and a channelling decision tree of post-consumer textiles

23 May 2024 • 10:30-11:30 • Online



ECOSYSTEM



CISUTAC







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# Integrating open dataset & AI models for textile sorting

6 June 2024 • 10:30-11:30 • Online

